



# MADRAS ENT RESEARCH FOUNDATION (P) LTD

FIRST NABH ACCREDITED ENT HOSPITAL IN TAMIL NADU

No. 1, I Cross Street, Off II Main Road, R A Puram, Chennai - 600 028  
Tel: 044-24311411 - 15, 48621409, 48631409 E-mail: merfmk30@yahoo.com  
Website: www.merfmk.com



## DISCHARGE SUMMARY

Name	: Mr. ARVIND RAMESH	Patient Id	: IM217251
Age/Gender	: 30 Yr(s) Male	IP.No.	: IP23544
Address	: A10, HIRANYA, 68 GREENWAYS ROAD R A PURAM	DOA	: 10/Jul/2023 06:00:20
		DOS	: 10-Jul-2023
Consultant	: Dr VIJAYA KRISHNAN P	DOD	: 12-Jul-2023 18:00:00

### HISTORY :

Complaints of snoring, nasal block, recurrent throat pain.

### DIAGNOSIS :

Obstructive sleep apnea.

### PROCEDURE :

Anterior palatoplasty with modified lateral pharyngoplasty with lingual tonsil ablation and septoplasty under general anesthesia.

### FINDINGS :

Boyle Davis mouth gag placed - Bilateral grade 3 tonsils seen. Coblation assisted tonsillectomy done. Partial uvulectomy done. Markings given in the base of uvula, posterior border of hard palate and junction between both. Anterior palatoplasty performed with Vicryl 3-0. Partial debulking of the palatopharyngeal muscle performed. Modified lateral pharyngoplasty with Vicryl plus 2-0 performed. Lingual tonsil grade 2 - Coblation assisted lingual tonsil debulking performed. DNE performed - DNS with spur on left side noted. Endoscopic septoplasty with spurectomy done. Hemostasis achieved. Nasal packing with merocele done on left side. Procedure Uneventful.

### ANESTHETIC NOTE

Under GA, Orotracheal Intubation with Flexometallic ET tube size 7.5. Intubation and extubation uneventful.

### POST OPERATIVE PERIOD

Uneventful. Nasal pack removed on 10.07.2023 6pm. No nasal bleeding.

### DIET :

Cold feed on post op day 0, followed by soft diet.

### TREATMENT GIVEN :

INJ. SUPACEF 1.5GM IV BID

INJ. GARAMYCIN 80MG IV BID



# MADRAS ENT RESEARCH FOUNDATION (P) LTD

FIRST NABH ACCREDITED ENT HOSPITAL IN TAMIL NADU

No: 1, I Cross Street, Off. II Main Road, R.A. Puram, Chennai - 600 028.

Tel : 044-24311411 - 15, 48621409, 48631409 E-mail : merfmk30@yahoo.com

Website : www.merfmk.com



## DISCHARGE SUMMARY

Name	: Mr.ARVIND RAMESH	Patient Id	: IM217251
Age/Gender	: 30 Yr(s) Male	IP.No.	: IP23544
	R A PURAM	DOS	: 10-Jul-2023
Consultant	: Dr VIJAYA KRISHNAN P	DOD	: 12-Jul-2023 18:00:00

### MEDICINES TO BE CONTINUED

TAB. CEFTUM 500MG	MORNING AND NIGHT	After Food	7 days
TAB. DOLOWIN PLUS	MORNING AND NIGHT	After Food	7 days
TAB. LIDOCAM	MORNING AND NIGHT	After Food	7 days
TAB. RUTOHEAL	MORNING AND NIGHT	After Food	7 days
TAB. RACIPER 40MG	MORNING AND NIGHT	After Food	7 days
SYP. MUCAINE GEL	2 TSP MORNING AND NIGHT	After Food	7 days
TAB. MONTEK FX	NIGHT	After Food	7 days
OTRIVIN NASAL DROPS	5 DROPS MORNING AND NIGHT	For Nasal Application	5 days
TAB. STAMINA OD	MORNING	After Food	7 days
BETADINE + H2O2 GARGLE	DILUTE AND GARGLE	After Food	7 days
NASOFINE NASAL CREAM	MORNING AND NIGHT	For Nasal Application	7 days
SOLSPRE NASAL SPRAY	2 PUFFS MORNING AND NIGHT	For Nasal Application	7 days
TAB. ULTRACET	IN CASE OF SEVERE PAIN	After Food	days

### SPECIAL INSTRUCTION

Avoid crowded places for	7 days
Avoid iced product for	7 days
Avoid hard food stuffs	
Avoid oily & spicy food	
To report/contact to MERF in case of Emergency	
To contact MERF Duty doctor at 044-24311411-1415	

REMARKS TO REVIEW TO OPD 18.07.2023. BETWEEN 9.30 am -1.00 pm.

WHEN TO OBTAIN URGENT CARE



# MADRAS ENT RESEARCH FOUNDATION (P) LTD

FIRST NABH ACCREDITED ENT HOSPITAL IN TAMIL NADU

No: 1, I Cross Street, Off. II Main Road, R.A. Puram, Chennai - 600 028.  
Tel : 044-24311411 - 15, 48621409, 48631409 E-mail : merfmk30@yahoo.com

Website : www.merfmk.com



## DISCHARGE SUMMARY

Name	: Mr.ARVIND RAMESH	Patient Id	: IM217251
Age/Gender	: 30 Yr(s) Male	IP.No.	: IP23544
	R A PURAM	DOS	: 10-Jul-2023
Consultant	: Dr VIJAYA KRISHNAN P	DOD	: 12-Jul-2023 18:00:00

In case of severe pain  
In case of difficulty in swallowing  
In case fever  
In case of bleeding

TO COME FOR REVIEW ON 18-Jul-2023 AT MERF

KINDLY FIX UP AN APPOINTMENT

(for) e  
Dr..SREENIVAS KAMATH K

Dr. SREENIVAS KAMATH K  
MBBS, MS(ENT)  
TNMC NO: 164643